

SOUL BRETT ANTHONY MOORE DESCENDANTS

SOUL DESCENDANTS by BRETT ANTHONY MOORE documents a vivid exploration of light and colour which explores the invisible aspects of Self through the lens of Vedic philosophy, which Brett has actively practised for the last seven years. Serving as an invitation into spiritualism, this body of work embraces philosophical concepts which delve into profound contemplations on existence, consciousness and the nature of reality.

"We have exhausted aesthetics to the point of travelling inward in search of something beyond our daily comprehension, drawn towards something more divine, a spiritual connection to enrich our lives in ways Western culture has not experienced," says Brett. "The objective of this series is to create work that envelops a type of reverence and contemplation. I had a firm desire to illuminate the work so that it held a variety of colour values at any time of day, especially in darkness, the work floats in its illumination thus centring a focus on its soulful attributes and the connection the viewer makes with each piece."

Rooted in ancient Indian scriptures known as the Vedas, Vedic philosophy pursues these profound contemplations to facilitate spiritual growth and illuminate the interconnectedness of all things. Central to this philosophy is the concept of 'dropping' the body, lives and past lives, encapsulating the cyclical nature of existence and the transient essence of individual identity. According to Vedic thought, life is a continuous cycle of birth, death and rebirth, governed by the principle of *karma*. The notion of 'dropping' the body transcends the mere physical act of death; it urges one to detach from the ephemeral material world and recognise the impermanence of life. In doing this, one can attain a higher understanding of the eternal soul (*Atman*) and its connection to the cosmic consciousness (*Brahman*).

Acknowledging past lives in Vedic philosophy emphasises the interconnectedness of all existence, whereby reflecting on our previous incarnations, insights into the consequences of past actions and the trajectory of spiritual evolution are gained. This contemplation becomes a transformative tool, guiding individuals towards self-realisation and ultimately disrupting the cycle of birth and death, attaining *moksha* or liberation. In essence, Vedic philosophy serves as an invitation to challenge the limitations of a transient existence, encouraging a profound exploration of spiritual identity, revealing a cosmic tapestry that binds all.

Continuing in his distinctive approach to abstract expression, Brett uses acrylics to produce 'paint skins' in his studio by blending a thoughtfully selected colour palette. Each paint skin is left to dry and naturally contract over the course of approximately a week, then mounted onto acrylic Perspex, and fitted with custom LED lighting. Carefully considering and crafting the shape, structure and luminosity of each piece, Brett's ultimate sculptural creations act as a portrait of the soul, drawn together in material form as dynamic physical manifestations that encapsulate the essence of individual uniqueness and the many hidden aspects of identity. The painterly aspects serve as a reminder of our mortality, taken from all walks of life, fleeting and ephemeral yet forever burning bright amongst a universal and ever-changing backdrop.

"I dedicate this exhibition to our dear, close friend Tim Brown. As a teacher and guide to Vedic meditation for over 25 years, Tim taught many thousands of people from all over the world and many backgrounds to reach their higher selves via a universal understanding through meditation, as he did with me. Tim and I became close friends through his knowledge and his retreats, he was always an integral part of my wife's and my relationship, speaking at our wedding and leading travels to India."

Love and light, Tim. Jai Guru Deva.































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