## Korynn ECHO 20 March—6 April 2024



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## Korynn Morrison ECHO

*Echo* is a contemplative journey delving into the intricacies of existence and our connection with the tapestry of our internal landscape.

At its core, Morrison's debut solo exhibition is an invitation to sit with Self. It explores the dance between joy and grief, connection, and disconnection—themes echoing the philosophy of Richard Schwartz's Internal Family Systems (IFS) theory. Like the theory, the exhibition posits that these paintings are checkpoints in the evolving process of self-discovery.

Here, the panel becomes a sacred space where the viewer is encouraged to surrender to the enigma of their inner worlds, embracing the unfolding narrative rather than fixating on a predetermined endpoint.

In the realm of IFS, Self holds a significant place—a core aspect that represents the calm, compassionate centre within each individual. *Echo* celebrates this concept, acknowledging that amidst the diverse facets that compose our identity, there exists a unifying essence. The paintings serve as mirrors reflecting the multiplicity of our internal landscape, echoing the transformative journey towards harmonising, and befriending these diverse aspects under the umbrella of our being.

Beyond the canvas, this work extends its gaze to the external world, recognising the profound connection between our thoughts and the echoes of our existence. Just as our inner world is a rich tapestry, our external reality often mirrors our thoughts, desires and fears. The exhibition invites viewers to contemplate this mirroring effect, encouraging a deeper understanding of how the magic within resonates and manifests in the world around us.

There was once a time when the unknown was not something to be feared or controlled, but the ultimate adventure to be embraced with all our senses. It is within this unknown that the infinite resides.

Each panel is a collaboration between spirit and logic. A playground for the curious mind to explore the surface and negotiate with 'otherness'. Through her playful layering and excavation techniques, a single mark can transcend thought and create its own S-P-A-C-E. One that leaves us standing somewhere in between.

It is within this space that we can revel in the beauty of stillness with wonder and rekindle the magic that may have been buried beneath the layers of adulthood. Echo, is an invitation to sit with Self. An acknowledgement that honours all our parts and embraces our inner world with a warm hug that whispers, "Welcome home."



An Invitation to Sit with Self, 2024 Oil + cold wax on panel 152cm H x 152cm W Framed in dark timber \$6400



Barefoot Bear Hunt, 2024 Oil + cold wax on panel 122cm H x 92cm W Framed in dark timber \$4600



*Checkpoint*, 2024 Oil + cold wax on panel 122cm H x 92cm W Framed in dark timber \$4600



Lessons in Light, 2024 Oil + cold wax on panel 122cm H x 122cm W Framed in dark timber \$5200



*Terrarium*, 2024 Oil + cold wax on panel 122cm H x 122cm W Framed in dark timber \$5200



Hand Me Another Cup to Fill, 2024 Oil + cold wax on panel 92cm H x 122cm W Framed in dark timber \$4600



*Release*, 2024 Oil + cold wax on panel 122cm H x 122cm W Framed in dark timber \$5200



Marking Time, 2024 Oil + cold wax on panel 92cm H x 122cm W Framed in dark timber \$4600



Parts of a Whole, 2024 Oil + cold wax on panel 82cm H x 82cm W Framed in dark timber \$2900



Reflections of an Empty Cup, 2024 Oil + cold wax on panel 102cm H x 142cm W Framed in dark timber \$4900



*I Bought Myself Flowers*, 2024 Oil + cold wax on panel 102cm H x 142cm W Framed in dark timber \$4900



Whispers in the Trees, 2024 Oil + cold wax on panel 82cm H x 82cm W Framed in dark timber \$2900





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ENQUIRIES TO SOPHIE VANDER, DIRECTOR <u>curatorialandco.com</u> | hello@curatorialandco.com 80 William St, Woolloomooloo NSW 2011 +61 2 9318 1728 | @curatorialandco

Curatorial+Co. acknowledges the Traditional Custodians of the country on which the gallery stands, the Gadigal People of the Eora Nation, and recognises their continuing connection to land, waters and cultures. We pay our respects to their Elders past, present and emerging.