



CURATORIAL+CO.

PAUSE

A N A Y O U N G

12 - 29 November 2025

ANA YOUNG



ANA YOUNG (b. 1948) lives and works in Sydney, Australia (Cammeraygal land) and holds a Bachelor of Visual Arts (Honours) from the Australian National University, Canberra, and a Bachelor of Fine Arts from the National Art School, Sydney. Young has undertaken residencies across Australia and internationally, including the Hill End Artists in Residence Program (2002), Laughing Waters (2011), Bald Head Island, USA (2015), and North Sydney Council (2018–2021). A finalist in numerous major prizes including the Dobell Drawing Prize, Mosman Art Prize, Tom Bass Sculpture Prize, Fisher’s Ghost Art Award, and The Blake Prize, Young’s practice spans over two decades of sustained engagement with abstraction, landscape, and the poetic tension between silence and form. Her work has been exhibited widely across Australia and internationally and is held in public and private collections including the Mosman Art Gallery, Western Plains Cultural Centre, and TWT Property Group.

Ana Young’s practice explores constructs of time and memory within moments of silence. Drawing inspiration from the Australian bush, her paintings emerge as contemplative responses rather than literal depictions, transforming lived experience into abstraction. Young begins with *en plein air* sketches of the landscape before returning to her Sydney studio where she translates these ephemeral moments through her distinct visual language onto the canvas. Having lived across the world, Young finds the continual changes of nature to be her most compelling subject. Through her work, colour and shape carry traces of emotion and memory, inviting the viewer to slow down and enter a space where time feels suspended.

We acknowledge the Gadigal people of the Eora nation, the Traditional Custodians of the land on which this gallery stands. We pay our respects to their Elders past and present, and recognise their continuing connection to land, waters, skies, and culture. We honour the rich artistic traditions that have existed on this Country for tens of thousands of years, and we recognise that First Nations people are the first artists, storytellers, and custodians of culture. We are committed to listening, learning, and working in respectful collaboration with First Nations communities.

PAUSE

In her latest body of work, *PAUSE*, Ana Young offers a slow and quiet counterpoint to the frenetic pace of contemporary life. Through a process of transmutation, the artist moves beyond her own afflictions, transforming them into a place of quiet, sensorial respite. This offering is also a provocation – one that asks us to look beyond the paintings' surfaces and step into the worlds they contain.

Young draws upon time spent in the Australian bush, where time itself feels held and delayed. Her paintings emerge from the experience of being in the landscape, yet they are not mimetic representations of it. Rather, they are a later response – a compilation of spaces entered, and sounds remembered from her encounters with the natural world. “I do not interpret the landscape as seen,” says Young. “Rather, I interpret what the landscape allows me to feel in a particular moment.” For Young, colour and shape carry the weight of human experience, memory, and the subconscious through which traces of the landscape resurface, finding their way back onto the canvas.

Her careful layering of shapes and their softly diffused edges require the viewer to refocus and, in turn, enter the painting optically – slowing down. Colour brings feeling into being, while shapes and symbols give form to thought, acting as visual resting points that invite reflection and stillness. Time becomes elastic as the eye moves across layered compositions; each painting bends and expands, unveiling before the viewer within its own temporality. Through a simultaneous act of entering and withdrawing from the work, the artist's internal monologue is revealed – a personal language of abstraction, a set of codes and patterns expressed through distinctive brushwork and bold, considered compositions.

For Young, painting becomes an act of reclaiming slowness, forging a contemplative space in which to question, to find momentary reprieve, and to give form to fleeting fragments of time. “It is my wish that this body of work can communicate and share the silence, an invitation to step out of the present every day, and to simply pause.”



Pause, 2025
oil, graphite on canvas
157 x 227 cm
framed in white with silver profile
AUD 9,900



Writing to the Moon, 2025
oil on canvas
103 x 113 cm
framed in white with silver profile
AUD 6,300



Private Song, 2025
oil on canvas
103 x 103 cm
framed in white with silver profile
AUD 6,000



Slow Walk, 2025
oil, graphite on canvas
103 x 103 cm
framed in white with silver profile
AUD 6,000



Firmament, 2025
oil, graphite on canvas
98 x 98 cm
framed in white with silver profile
AUD 5,700



Silent Lake, Falling Sky, 2025
oil, graphite on canvas
88 x 78 cm
framed in white with silver profile
AUD 4,500



Mirage, 2025
oil, graphite on canvas
99 x 99 cm
framed in white with silver profile
AUD 5,700



Resting Place, 2025
oil on canvas
84 x 74 cm
framed in white with silver profile
AUD 4,300



Tenebrae, 2025
oil, graphite on canvas
84 x 74 cm
framed in white with silver profile
AUD 4,300



Without Walls, 2025
oil, graphite on canvas
84 x 74 cm
framed in white with silver profile
AUD 4,300



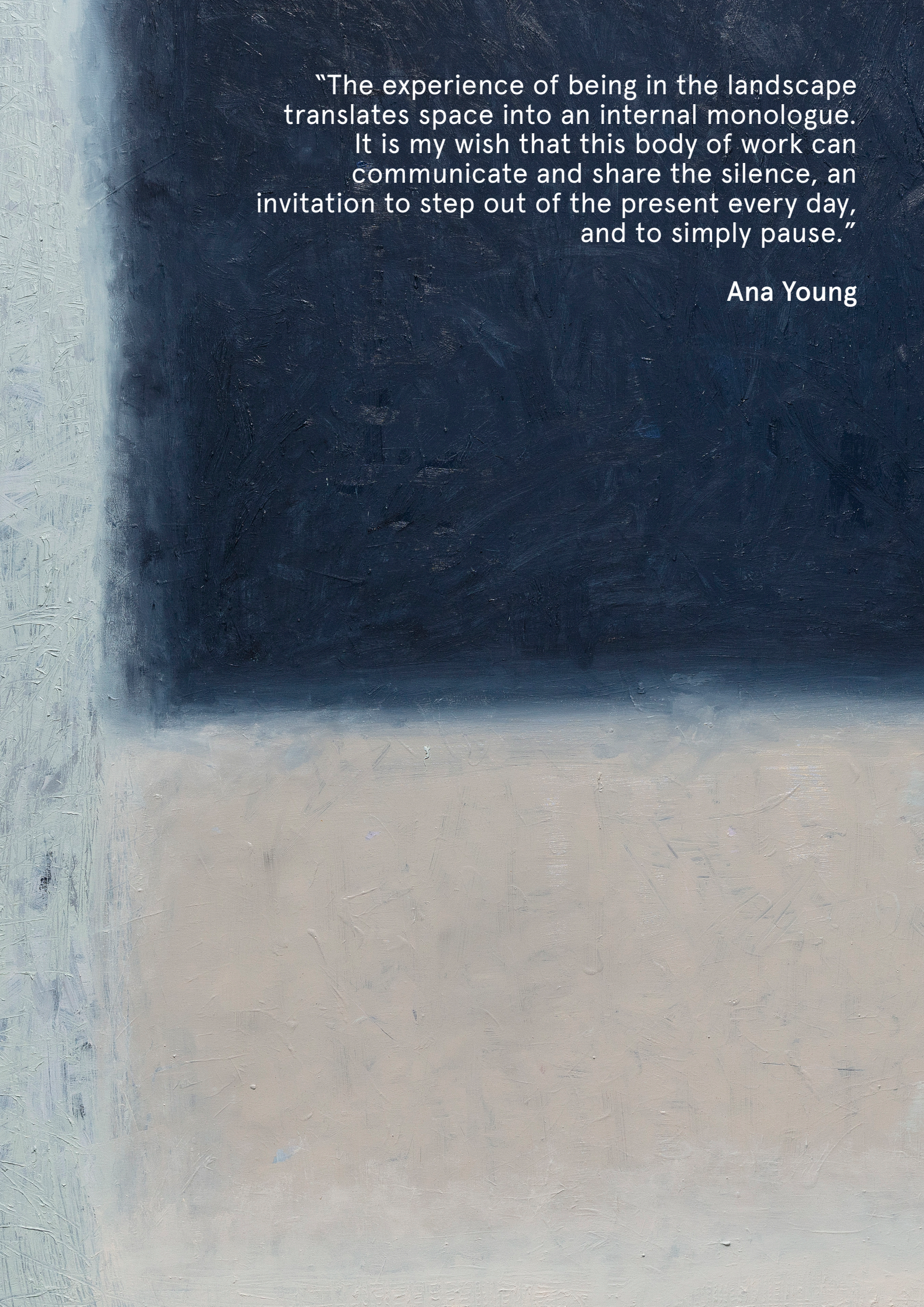
The Perfumed Room, 2025
oil on canvas
84 x 74 cm
framed in white with silver profile
AUD 4,300



Azure, 2025
oil, graphite on canvas
84 x 74 cm
framed in white with silver profile
AUD 4,300



Rainmaker, 2025
oil, acrylic, graphite on canvas
69 x 69 cm
framed in white with silver profile
AUD 4,300



"The experience of being in the landscape translates space into an internal monologue. It is my wish that this body of work can communicate and share the silence, an invitation to step out of the present every day, and to simply pause."

Ana Young



Green White Sea, 2025
oil, oil pastel on canvas
58 x 43 cm
framed in white with silver profile
AUD 2,500



Luminary, 2025
oil on canvas
53 x 53 cm
framed in white with silver profile
AUD 2,600



Still Life, 2025
oil on canvas
53 x 53 cm
framed in white with silver profile
AUD 2,600



Shapeshifter I, 2025
gouache, acrylic, silverpoint on handmade paper
31 x 44 cm
framed in acrylic box
AUD 1,950



Shapeshifter II, 2025
gouache, acrylic, silverpoint on handmade paper
31 x 44 cm
framed in acrylic box
AUD 1,950



Shapeshifter III, 2025
gouache, acrylic, silverpoint on handmade paper
31 x 44 cm
framed in acrylic box
AUD 1,950



Shapeshifter IV, 2025
gouache, acrylic, silverpoint on handmade paper
31 x 44 cm
framed in acrylic box
AUD 1,950



Shapeshifter V, 2025
gouache, acrylic, silverpoint on handmade paper
31 x 44 cm
framed in acrylic box
AUD 1,950



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ART GALLERY + CONSULTANCY

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